

10 YEAR ANNIVERSARY
UNION HOSPITAL
RUN FOR HOME
COMMUNITY FITNESS FESTIVAL

More than 92% of the 2016 Run for Home participants who responded to our post-race survey rated the event EXCELLENT OR VERY GOOD!

April 1 and 2
Don't miss the Tenth Annual Union Hospital Run for Home Fitness Festival Weekend

Two days of running, walking, and fitness activities for the whole family.

Saturday, April 1: 8:00 am to 1:00 pm — Tuscora Park Pavilion

- Health & Fitness Fair:
 - Exhibits
 - Demonstrations
 - Advice
 - Registration and Packet Pick-Up for all events
- **9:45 am Kids' Run**
- **10:00 am Super Fitness 10K**
- **10:10 am One-Mile Fun Run/Walk**



Sunday, April 2: 8:30 to 10:45 am — Tuscora Park Pavilion

- Registration and Packet Pick-Up
- 11:00 am – Half-Marathon, Team-Relay, Five-Mile Walk

ALL PROCEEDS BENEFIT HABITAT FOR HUMANITY of EAST CENTRAL OHIO

Participate in the Home Festival Challenge: All participants who complete the 10K and half-marathon will receive a special, tenth anniversary Run for Home Challenge jacket. Top three men and top three women in the Challenge will receive special awards.

Great swag, on-course entertainment, finish line pictures, live results, pace groups...the Union Hospital Run for Home has it all!



Register on-line and learn more at
www.runforhome.org



The Tenth Annual Union Hospital Run for Home

- Location:** New Philadelphia Tuscora Park is the headquarters for all activities.
- Course:** The certified half-marathon course is on city streets and park paths. The route takes runners from Tuscora Park in New Philadelphia to Dover City Park and loops back to Tuscora Park for the finish inside Woody Hayes Quaker Stadium.
- Goodies:** All half-marathon and team relay participants will receive a moisture-management shirt and all finishers will receive a medal. One mile fun run and five-mile walk participants will receive a t-shirt. 10K participants will receive an exclusive race gear package and finishers' medal. All kids run participants receive a ribbon.
- Awards:** Half-Marathon and 10K: Awards for the top three overall female and male finishers and top three in each age group. Team Relay: Awards for top three teams in each category (male, female, coed). One Mile Fun Run: Awards to the top three overall female and male finishers and ribbons to the top three finishers in each age group.
- Relays:** The relay is a 13.1 mile race for three person teams with competition in male, female, and coed categories. First leg approx. 3.4 miles, second leg approx. 4.1 miles, third leg approx. 5.6 miles.
- Age groups for the half marathon:** 13 and under, 14-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75 & over.
- Age groups for the 10K and one-mile fun run:** Under 10, 10-13, 14-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75 & over.
- Post-Race:** Refreshments for all participants will be served in the park pavilion. **Live results for the half-marathon and team relay available in the park pavilion where awards will be presented.**

First Name _____ Last Name _____ Sex _____ Race Day Age _____
Birth Date _____ E-mail _____
Address _____ City _____ State _____
Zip _____ Phone _____

Shirt Size: Adult - XXL XL L M S Youth - L M S

I am registering for:

Half-Marathon _____ Team Relay _____ Five-Mile Walk _____ One-Mile Fun Run _____
10K Race _____

Relay Team Name _____
(Please use separate form for each relay team member, return all forms together.)

If employee of sponsor, company name _____ Sponsor code _____
(With the proper code, sponsor employees receive 25% discount on race registration fee for all events **except** the one mile fun run/walk)

Registration Fees:

Half-Marathon: \$45 through Jan. 15; \$55 Jan. 16 through March 15; \$65 March 16 through March 31;
\$75 at Health & Fitness Fair

Team Relay: \$84 through Jan. 15; \$99 Jan. 16 through March 15; \$120 March 16 through March 31;
\$135 at Health & Fitness Fair

Five-Mile Walk: \$20 through Jan. 15; \$25 Jan. 16 through March 15; \$30 March 16 through March 31;
\$35 at Health & Fitness Fair

Fun Run: \$10 through March 15; \$15 March 16 through April 8; \$20 at Health & Fitness Fair

10K Race: \$30 through March 15; \$35 March 16 through March 31; \$40 on race day.

Kids' Run: Free; no registration required.

Total Enclosed for Race Registration _____

Waiver and Release

I, the undersigned, realize that running a road race is a potentially hazardous activity. I should not enter & run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to safely completing the run. I assume all risks associated in running this event including, but not limited to, falls, contact with other participants, the effects of the weather, traffic, and the conditions of the road, all such risks being known and approved by me. Having read this waiver, and knowing these facts, and in consideration of you accepting my entry, I for myself and anyone entitled to act in my behalf, waive and release Habitat for Humanity, The Subway Challenge Series, City of Dover, City of New Philadelphia, Dover Township, Tuscarawas County, Ohio Department of Transportation, all sponsors, their representatives, and successors from all claims of liability of any kind arising out of my participation in this event. I hereby grant full permission to any or all of the foregoing to use any photographs, video tapes, motion pictures, recordings, or and other record of this event for any legitimate purpose. All race entries are non-refundable.

Signature (Parent or Guardian if under 18) _____ Date: _____

Mail entry form and fee to: Run for Home, 213 Lloyd St., Dover, Ohio 44622. Make checks payable to Run for Home. Fees are non-refundable. We reserve right to reject entries.